HEALTH + WELFARE 2007

Mary Vergeer new site director at FCHS

Mary Vergeer has been hired new site director at Four Counties Health Services.

She's brimming with optimism to turn the small Newbury-health centre into a model for rural hospitals.

The long-time West Lorne-area resident sees the new job as a coming home after years travelling up to an hour to health care facilities in London, Chatham and Aylmer.

"It's been fantastic," she says of her first few weeks.

She brings 32-years experience, starting as a bed-side registered nurse, to long-term care facility administrator, nursing education and senior staffer in a hospital.

The challenges and opportunities that come with the new position in an ever changing sector will stretch her skills and knowledge, she

says.

"I wanted a job where I could make an impact as a leader," she says.

Having started April 16, she's been busy

learning about all the services at the hospital and the people responsible for the services.

"I was blown away by all the services provided here," she says.

She's responsible for all the goings on at FCHS from working with front line nurses, the Ministry of Health and Long-term Care, and Middlesex Health Alliance.

Some tough challenges ahead include recruiting doctors to work in the hospital's emergency department and ensuring people who live within the hospital's catchment area are using its services.

"Patient care has to be the number one priority in what we do," says Vergeer.

The summer is always the toughest for staffing, but Vergeer says this year, staffing issues have already been addressed.

Being local is a benefit to the position she

The

vided transportation to Transportation Network seniors and disabled adults offers rides to seniors and for a small fee. Recently disabled adults living in Four Counties Transit has West Elgin and Duttonexpanded services and is Dunwich. Trips are often to now available to provide medical appointments, for transportation for all adult grocery shopping, and social residents of Rodney and outings. Even appointments West Lorne, for health-relat- in London, St. Thomas or ed appointments in the Chatham can be provided. Newbury, Glencoe, Rodney Clients must be able to and West Lorne areas every transfer themselves in and

The van is available on an require assistance with perappointment basis a couple sonal care while on an out-

of days per week. As well, ing. Call 768-0020

pick up and drop off in the communities listed above

each Monday. To book a ride or if you have any ques-

tions, please call the Four Counties Dispatch @ 519-

West

out of a vehicle, and not

Rural

Monday.

Transportation

in West Elgin!

Transit Van has always pro-

there is a scheduled route for

The Four Counties 693-8604.

She has a connection to the hospital, understands the culture of the people, history and

She was amazed by the number of changes in recent years at the hospital.

"The only thing constant is change," she says, adding the changes have been positive.

The public sees the hospital as it used to be. The yard stick was always how many beds do you have? Beds are no longer the measurement."

Mary and her husband Henry have four children with a third grandchild on the way. She says she will work to enhance and

Also she says she'll fight to ensure people have equal access to health care and find ways to bring services to the community.

expand on services at the hospital.

She's looking forward to hanging her hat at FCHS where she can get totally involved, using her skills to meet the challenges ahead and and bring forth all the opportunities head.



Mary Vergeer Mary Vergeer has been hired as new site director at Four Counties Health Services.



A friendly game of bingo.

Bill Beaudoin called out the numbers Jan. 8 during the monthly Seniors Bingo game at the West Elgin Community Health Centre.

Wesley Sloan, centre, with Thames EMS paramedic Glenn Szusz, left, and St. Thomas emergency room nurses Dave Barney, Pam Gathercole and Charlotte Crevits, right.

LONDON FREE PRESS

Decorate old garland or wreaths with lights or out-dated fruit clumps sprinkled with dust

West Lorne and Community Horticultural Society held its Christmas meeting Dec. 12 at West Lorne Legion.

Pres. Kim Penney welcomed everyone and introduced guest speaker, Helen Rose, proprietor of The Village Green Flower Shop.

Helen started her program by stressing it is not necessary to buy new arrangements or accessories to have something different and unique to decorate the home for the holidays. Just look through old boxes in the attic or other storage areas and you will be surprised by all the things you will find that haven't been used for a few years. What is out of style one year, most certainly will be in again in another.

She said that finding time was a major issue with many people, but explained that by simply getting organized it wasn't as difficult as it might seem. She stressed that outdoor lights should be put up while weather is mild instead of when snow is on the ground and temperatures are freezing.

Set a theme and carry it all though the

WEST LORNE AND COMMUNITY HORTICULTURAL SOCIETY

NEWS

house, that being, colour, rustic, modern or traditional. It is also much better to have one focal point in a room than to have several things scattered all over. Groupings are a great way to achieve this, such as snowmen, santas, angels, or whatever.

To get in a festive decorating mood, try starting outside. A simple urn of greenery, along with a poinsettia or anything you have around is a good idea for an entry or steps leading to a house. On a porch an old forgotten Christmas tree, simple decorated with bows and a few lights is another way to spruce up the yard, or a big, red bow on a lamp post. All these ideas add a happy note to an otherwise plain and deserted place.

Garlands are another item people usually have left over from other years and can be made into a very showy decoration. Lights

can be added, out-dated fruit clumps can be sprayed with glue and then sprinkled with diamond dust, rustic items such as pine cones, country stars, and old ornaments are just a few things that can be applied to garlands or wreaths. When decorated put garlands on the back of a buffet, with candles in the foreground for a very attractive decoration, or place them on top of kitchen cabinets, countertops or anywhere there is an empty space.

Helen had many varieties of greens with her and showed how to arrange them in urns, small containers, or just by tying them in a bouquet to put in a vase. Putting them in water is one way to make them last much longer. She also gave many other tips to help enjoy decorating the home.

Helen was thanked by Kim, who also made several announcements, including that memberhips for 2007 can now be obtained from any member. In order to be able to continue in the beautification of the village the society needs new members. Lunch was served by June Smart.

Kiwanis talent show called off after 55 years

nate the needs

of both. Elgin

maps now go

all the way to

More information to come in

western

After 55 years the annual West Lorne Kiwanis Club Talent Show for this weekend has been cancelled.

There was not enough entries to support the time and effort required to make it work, said a disappointed organizer, Bill Graham.

"It's sad and disappointing for the whole community. A lot of kids participated and their parents were in the show years ago," said organizer Bill Graham

At its peak, the talent show had hundreds

of youth performing for packed houses of friends and family at the high school and WEDS Theatre.

Students of music, who spent countless hours practicing solos were given the chance to perform on a stage and use the opportunity as a stepping stone to other Kiwanis competitions.

The Kiwanians have appreciated the support from local music teachers who over the years helped get student applications filled out and routines prepared.

Graham hopes youth still believe in the arts.

"I think the arts are an important part of the education system," he said. "We might give it a shot next year."

With only 26 entries this year, it was felt a Friday evening show and Saturday afternoon show couldn't have been pulled off this weekend.

Graham hopes next year there is more interest or that another opportunity to work with youth arises.

West Elgin Chamber of Commerce letting the world know we are here

First of all, please let me say that everyone is welcome to attend West Elgin Chamber of Commerce meetings on the first Tuesday of each month at the Old Town Hall in Rodney at 7:30 p.m.

Our members have been involved in many events throughout 2006.

Marketing Partners of Western Elgin Region (MPoWER), consisting of several of our volunteers, successfully produced events such as the Car Tour on Heritage Weekend, Cactus, Cattle and Cowboys weekend, Horse Farm Tours, etc.

This group is creating a base of information to assist all local groups planning events to find the best

First of all, please let me advertising, CHAMBER OF COMMERCE

what's Chamber Chat effec- By Irene Puddester

what's free as well as a volunteer base to staff their

fundraising events.

All this in an effort to let the world know where we are and promote investment within western Elgin.

WECofC completed a Business Retention and Expansion study and are presently working to make the results pay off. A huge effort has been put into fine tuning our website which will contain up to date information on what businesses are already in place.

We are working with local schools and businesses in an attempt to co-ordithe months ahead.

We wish everyone peace and joy, not only in the Christmas season, but throughout 2007.

Note: Our January meeting will be postponed to the second Tuesday, Jan. 9th.



Plant Sale JEFF KEMPENAAR/THE CHRONICLE Sara Oliveira helped her mom Rosa at the West Lorne and Community Horticultural

Society Plant Sale Saturday morning.

Historical society learns about fugitive slaves

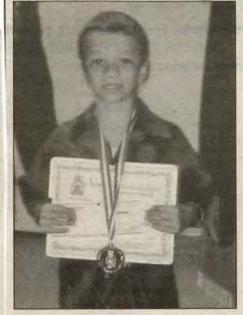
WEST ELGIN GENEALOGICAL AND HISTORICAL SOCIETY

NEWS

The West Elgin Genealogical and Historical Society was enthralled with the account of the life of Sarah, a fugitive slave born 1790, who eventually made her way to Simcoe, Ontario.

David Beasley, author of Sarah's Journey, related the story of Sarah's life to the Society. Beasley now lives in Simcoe and is the author of many other works.

Following a break for refreshments, plans were made for a tour in July through the wind farm near Port Burwell.





West Elgin Legion honours provincial winners

West Elgin Legion Br. President Perry Penney was pleased to present two local students with provincial level awards. Stephen Szabo (left) was presented with the provincial award for the Remembrance Day poster contest and Jacob Rowe won at the provincial level for the speaking contest. Congratulations to both students.

West Elgin Nature Club to hold guided walking tour

NEWS

Members of the **WEST ELGIN NATURE CLUB** The WE Nature West Elgin Nature

Club, walking sticks in hand, will

be conducting guided tours of the West Elgin Nature Reserve May 7 between 2 p.m. and 4 p.m.

This family event is an excellent opportunity to enjoy a springtime walk through a Carolinian forest and enjoy the spectacular springtime display of wildflowers.

If you've ever wondered what is unique about a Carolinian forest, the plants and birds and animals that make it up, you will have the opportunity on Sunday to talk with the experts.

This site at one time was the Aldborough dump, and it is gratifying to see how a dump can be turned into a beautiful public place.

Club maintains this
32 acre area, and has
cut wide trails into

ing under the forest canopy.

A memorial forest at the front of this acreage is maintained, with name plaques marking these trees.

the forest, which make for easy walk-

The walking trails in West Elgin are open every day for your pleasure all season long and the trails, because they are protected by the tree canopy, are beautiful places all year round for outdoor outings, free for your enjoyment

The West Elgin Nature Reserve is located at 24514 Downie Line.

The Nature Club also holds walks every Monday morning at different locations throughout the area.



Whoa bowl!

JEFF KEMPENAAR/THE CHRONICLE

Jean Besley coaxes a bowl to stop near the jack during the M&Ms Lashbrook Memorial Lawnbowling tournament held at the West Lorne Lawnbowling Club Sept. 6. More than 50 bowlers played at the club's largest tournament of the year.



BMO gives to Daffodil Society (back row) Kelly Oliveira, Luisa Lavandeira, Marlene Goos, Carena Long, (front row) Rebecca Byers presenting the cheque of \$500 to Colin Kittmer (representative of the West Elgin Daffodil Society).

As a group we raised \$500 (\$300 from our annual yard sale and \$200 from chocolate bar sales). We donated these funds to the West Elgin Daffodil Society in order to help fund their efforts.

We are honored to help out in the community and could not do it without your continuous support.

BMO Fountain of Hope is the charitable foundation of Canadian employees and pensioned employees of BMO Financial Group who support registered charities in their local communities.



Inspection

Lieutenant Colonel L. Sainsbury, inspects cadet Cheyenne Robinson of #2884 West Elgin Cadet Corp at a three-week basic army cadet marksman course at a training centre in Ottawa.



Ceremonial inspection

JEFF KEMPENAAR/THE CHRONICLE

Reviewing Officer Ray Jobson inspects Cadet Robert Bennett during #2884 Royal Canadian Army Cadet Corps. annual ceremonial review.

Kiwanians fundraising in area

WEST LORNE KIWANIS CLUB NEWS

The West Lorne Kiwanis Club created a float for the Santa Claus Parade in West Lorne on Nov. 24 and in the Rodney Parade Dec. 2.

Members of the club manned the float and sang carols during the parade.

The club is also conducting fundraising efforts at the West Lorne Foodland.

Members of the club will be carolling at Beattie Haven Retirement Home and at Babcock Community Care Centre Dec. 15.

The club is always looking for members and anyone interested in becoming involved in your community can contact your friendly Kiwanian.

Service (lubs 2006



OPTIMIST CLUB MEMBERS GIVE APPRECIATION TO AREA YOUTH

In honour of Optimist International Youth Appreciation Week, the Optimist Club of West Lorne hosted its annual dinner given to area students and their families on November 21. These area young people are carrefully chosen by the teachers of their schools as outstanding individuals for many different reasons. The evening is hosted by Optimist members with a dinner followed by an introduction of each student by one of their teachers or principal then presented with a certificate from The Optimist Club. Pictured L to R back row: Catie Welch, WESS; Ryan Carey, WESS; Jacob Rowe, WESS; Stephanie Leys, WESS; Zoey Van Dyk,St. Mary's Catholic School; Optimist Pres. Ken Neil. Front row: Alex Goos, Aldborough Public School; Michael Lewinsky, Aldborough Public School; Mitch Kuska, WESES; Caitlin SImpson, WESES; Tyler Duarte, St. Mary's Catholic School. A free public skating program was also offered to the youth of the community by the Optimist Club.



Kiwanians help West Lorne

Library Shelley Fleming supervisor of the

Reodney and West library Lorne accepts a cheque from Allen Ure, district representative of the Kiwanis for \$7,300. Warden

JEFF KEMPENAAR/THE CHRONICLE

Betty McKillop and June Smart planted Lorne Horticultural Society filled planter

West Lorne beautified

boxes downtown.

new temporary loca-tion of the West Lorne library at 168 Main Street. A Feb. 8 fire dis-

placed the library. Diane Palmer, manager of library operations said the money may not be used until the Community Complex is restored. Kiwanis Canada leveraged a donation from Honda to match money raised locally. Also, four boxes of books were donated by Random House to the library.

West Elgin Mayor Graham Warwick

were on hand for the

donation announce-

ment April 20 at the

JEFF KEMPENAAR/THE



We will remember them

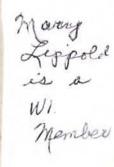
JEAN GUY ST JACQUES/THE CHRONICLE William Stinson, Commanding Officer for the West Elgin Cadet Corp. 2884 lays a wreath for the cadets at the cenotaph in Dutton

Nov. 10 during an evening Remembrance Day ceremony.



JEFF KEMPENAAR/THE CHRONICLE Above: Trina Lebedz plays Last Post at

Aldborough Public School Nov. 10. Below: Master Corporal Lee Balint plays Last Post in Rodney Nov. 11





We will remember them

MARY SUZANNE MCGREGOR/THE CHRONICLE

Second World Ward veteran Charlie Chronkite escorts the Lippold family who laid a wreath in memory of George Lippold at the cenotaph iin West Lorne at the Remembrance Day ceremony Nov. 11.



JEFF KEMPENAAR/THE CHRONICLE Remember

Keith Fretter laid a wreath in Rodney for his son Christopher, a military policeman, who died while serving in South Africa this summer.



Meeting a veteran

John Humphrey, merchant marine veteran, spoke to students at St. Mary's Catholic School Nov. 10.



Plant show improves

Jim Mabee, left, judged the West Lorne and Community Horticultural Society plant show held at the West Elgin Community Health Centre June 23. Horticultural Society members Betty McKillop, June Smart, and Kim Penney were happy with more participation in this year's show.

Scouts close to starting new group in West Lorne

Jeff Kempenaar Staff

After a pitch to the communiy Scouts Canada is ready to roar back into West Lorne.

About 40 children and as many parents filled the Scouts Hall in West Lorne Jan. 19 to find out what scouts have to

The group folded two years ago when longtime leader Helena Van Vugt hung up her

Children continued to express interest in joining but leaders couldn't be found.

However, several parents came forward at the meeting, signed application forms to lead groups and gave Dave Stokes, Scouts Canada Field Executive, optimism.

'We'll be up and going in four weeks," he pronounced with a smile after answering parents questions about clothes, com-

mitments and fees for two hours. Parents came forward, reminiscing about their own time in Scouts, Cubs and Beavers, now enrolling their own children.

"That shows what great work (Van Vugt) did over the years. She kept the group going for so long," said Stokes.

"I'm thrilled with the turnout," he said.

"Wow!" said Scout Leader Anna Podebry. "I was really surprised so many people came

Podebry has kept the idea of the group reforming going for the past two years but has struggled to get leaders.

Recently she sent out flyers to local schools, presented the program to students and parents at Aldborough Public School and contacted Stokes at the South Western Ontario Scouts Council office for

Counting heads, she saw 20 Cubs, 18 Beavers and seven Scout aged youth at the open house.

Whether or not enough kids join each group, linking between the age groups will help keep kids in Scouts and learning life skills.

After the volunteer leaders are trained and get references and criminal history checks, Podebry hopes the group will meet for its first time in two years, before March.

"It just ended," she said of the groups demise. "We held our registration and six Beavers came out. We had no leaders and I couldn't do it all myself."

Scouts is for boys and girls aged five to 15 and meet once a week with additional activities.

For more information, call Podebry at 768-2858.



JEFF KEMPENAAR/THE CHRONICLE

Casting her first vote

Natalie Gash of West Lorne, just turned 18years-old and cast her first vote for the federal election at the West Elgin Legion Monday.



Turnout optimistic for Scouts

JEFF KEMPENAAR/THE CHRONICLE

Scout leader Anna Podebry blindfolds Amanda Haggitt for a game of blind and seek held at an open house at the Scout Hall in West Lorne Jan. 19. About 40 youth, along with parents came to the open house to find out about Scouts, Cubs and Beavers. After folding two years ago, the group hopes to start up again in the coming weeks. Please see Scouts, page 7.



New Board of Directors Optimist Club of West Lorne

Staff Sergeant Ryan Cox (right) was in West Lorne recently to speak to members of the West Lorne Optimist Club and members of the Rodney Lions Club about police issues in

Elgin County.
(Left) The West Lorne Optimists installed their new Board of Directors for the 06/07 year (I to r) front row: Past President Doug Staddon; SWO Governor Dwight Phillips and 06/07 President Ken Neil. Back row (I to r) V.P. Karen Goncalves; Dir. Jim Carmichael; Dir. Elsie Beaudoin; Sec. Dorothy Staddon and Treas. Bill Trask. Missing from photo are directors Ric Whyte; Brad Reive and John Eagleson, Past President Doug Staddon will Eagleson. Past President Doug Staddon will be awarded this coming February for Distinguished Pres. and Distinguished Club



Boys book club begins

JEFF KEMPENAAR/THE CHRONICLE

A new boys' reading club started at local libraries last week. At the first meeting at the West Lorne Library the boys chose which books to read. Here: John Williams, Calvin Dowling, David Martin, Carson Brayton, David Vergeer, Maikel Dieker, Andrew Gumpert, Daniel Witteck, Jamie Williams and David Given discussed the first book Sounder, about a young slave boy growing up. Clubs have started in Dutton and Rodney too.

libraries starting winter programs

The staff at the West Lorne and Rodney Public Libraries hope everyone has a Happy New Year and invite one and all to participate in some exciting, free, library programs to help beat those winter blues.

Beginning in January we have several programs available including Story Hour.

For children ages three to five, children can hear and read a long to some exciting stories. The program runs at the Rodney Library Mondays for

an hour, starting at 2 p.m. and at the West Lorne Library starting at 1 p.m. Fridays.

New this year is our Boys Book Club at the West

Lorne Library.

Boys from nine to 12 years old can come in and preregister for the program which starts Jan. 26. for an hour starting at 6:45 p.m.

To encourage family reading in a fun way, we're kicking off Family Book Bingo all day Jan. 26 at both libraries.

Please join us to win prizes on the final night, Mar. 9. For more information about these programs, please contact the West Lorne Library at 768-1150 or the Rodney Library at 785-2100.

We look forward to seeing you!

War veterans who at one time lived in West Lorne, Rodney or

The book West Elgin at War -

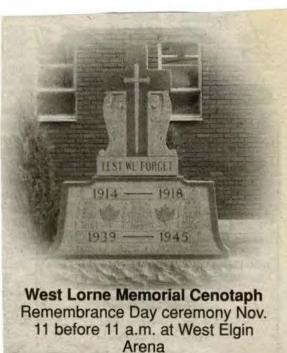
Letters, Stories and Pictures of Local

Men and Women in our Armed

Adlborough.

West Elgin First World War Veterans

WEST ELGIN Br. 221 John St., West Lorne 768-1890 WE WILL REMEMBER





Forces in the First World War was compiled by Harley Lashbrook: Russell Gage Andrews, John Edmund Archer, John Samuel Atkinson, Ernest Auckland, Walter Leon Auckland, Charles Edward Bake, Albert M. Baker, Milton Michael Baker, Alice I. Bandeen, John Robert Bandeen, Wilfred A. Becker, John Harold Becker, Lawrence Francis Bole, Irvin W. Bolsby, Fred Bolton, Jacobus "Jack" Boonman, William Thomas Britton, William John Brock, John James Buchanan, Harry Buckler, Henry Buller, Henry Buller, James H. Burnett, Albert Henry Burr, Albert Burwick, Reuben Bayfield, Gibb Alexander Campbell, Alexander Campbell, James Campbell, Victor Campbell, Bertrum Carnegie, James Allen Carmichael, Roy Ernest Carpenter, Kelso Roy Carson, Chetwynds S. Carter, Lyle Collard, Ross William Colley, Alex Coke Colthart, Walter Colhart, Frank Connell, William Edgar Constant, W. Cuthertson,

Chester Danby, Edward, Thomas

Day, George A. George Doan. Doolittle, William Doolittle, Nelson Doyle, Ross Ernest Roy Doyle, Downing, Thomas Duffy, Fred Edwards, Robert John Edwards, Boyd Gilbert Erskine, Roy Gordon Erskine, Alfred James Everett, Thomas Albert Fairles, John Roland

The following are First World Farrah, Edward Fenn, Neil Edward Ferguson, J.C. Frank, Melrose Frederick, Walter Howard Frederick, James Henry Gander, Attwood Roy Gardiner, Erthbert Earle Gardiner, Arthur Garlick, George E. Gillett, David Gill, John Edmund Goddard, John Goodman, Walter Goodman, Malcolm R. Graham, Archie William Gray, Frank Gray, George Gray, John Henry Gray, M.M. Robert Shepherd Gray, Robert Thomas Gray, William Gray, John Gyde, Michael John Hanley, Allister Park Haig, John Russell Harris, Norman Lloyd Haviland, George C. Havnes, William George Heard, W. Heatherington, Roy St. Clair Henderson, Orval WM Henry, Gordon Henry, Lorne Delbert Hill, Daniel Hillman, George Alfred Hobbs, Ernest Holland Meek Homewood, Arthur C. Humphreys, Frank Winfield Janaway, William Harold Jacques, John Alfred Jones, John Judd, Ellen Elizabeth (Banks) Katzenmeier, William Henry Katzenmeier, Robert Frank Kay, Joseph Sylvester Kearns, Charles Kelly, Frank Kelly, John Henry Kelly, Joseph Melbourne Kelly, Robert Kew, Hector Percy Knight, Henry Lee Knight, James Gordon Knight, John Roy Knight, Thomas Henry Lamb, Malcolm Lang, Ernest Lashbrook, Earl Lemon, Herbert John Leith, Amos Lewis, Frank Logan, Thomas Logan, E. Long, Walter Lougheed, Clifford Alexander Love, Frank Loveday, Gerald Stanley Lusty, Gordon Milo MacDonald, Charles Archibald MacKay, Hilton Day MacNally, B. Mann, Carson Mann, Frederick Mann, Albert Gordon Marr, Charles Mateer, David Nelson Mateer, Charles Emerson McCallum, Archibald McColl, Duncan B. McColl, Earl Hugene McColl, Harvey Dougald McColl, Hugh John McColl, Norman McColl, Russell McColl, Thomas James McColl, Jack Stewart McDonald, Urban Troy Stewart McDonald, David McGill, Edward Dougal McKillop, John McIntosh, William McIntosh, Vernon A. McKillop, Dr. William McLean, Frederick McLennan, John Alexander McLennan, William McLennan M.M., James Wellington McNeil, Norman King McNicol, Clair McPhee, Clarence Charles McPhee, George Duncan McPhee, Lloyd

Archibald McPhee, Stanley

McPhee, Lorne C. McRae, Herbert Ernest McRitchie, Albert Baxter McVicar, Archibald William McVicar, Fred Mears, John Henry Mears, Rudolph Edwin Mehring, John Henry Messerschmid, Harry M. Miller, Thomas Mortimer Montague, George A. Monteith, John Edward Morlock, Russell Robert Morrison, Edward Myers, Fred Myres, Harvey Oliver, Arthur John Patterson, David Russell Patteron, Delbert Patterson, E.G. Patterson, William Albert Patterson, Charles V. Partridge, Earl Russell Peace, Ross Farnham Peace, James Ledren Penrose, Thomas William Penrose, Charles Harold Petherick, George Francis Pfeifer, Joseph Henry Pfeifer, John William Platt, Charles Porter, Lyle Morrison Purcell, Melvin Errett Purcell, Albert E. Raby, Thomas King Raby, Thomas Randall, Archibald George Robinson, George Sayer Robinson, William N.D. Ross, George Henry Sayer, Frederick Schell Jr., Arthur Hildebrand Schmidt, Robert Schnekenburger, Jacob Daniel Schweitzer, George Searle, Alfred Sewell, Harold Sharratt, Robert Irving Sharratt, Richard Skillings, Robert Burdette Skinner, Thomas Skinner, Arthur A. Smith, G. W. Smith, William Smith, Leslie Spiers, Arthur Clevland Steele, WM. John Stormont, Bruce Delos Streib, Allan Stuart, Archibald James Templeton, Walter Albert Terry, Owen Thomson, Reuben Elliott Tobias, William James Tolmie, Hugh James Turner, Archie Wagner, William James Wakeling, Taylor MacDonald Wanless, George Arthur Ward, John Ward, John Arthur Watson, Stephen West, Charles Wilson, Thomas Roy Wilson, Henry Leroy Wilton, James Perry Windsor, Harvey Wollner, Alexander Wright, Ezra Daniel Zoller, John Laverne Zoller.

The book can be found in the West Lorne and Rodney branches of the Elgin county Library.

Harley Lashbrook is currently assembling a book on Second World War Veterans.

He would like anyone with letters, stories, pictures or any information on Second World War veterans to help him with the book.

Information on First World War veterans is public and can be found on the Internet while the Second World War is yet to be made public.







Above left: Catie Welch performs Last Post before Jim Carmichael performed the Lament on his bagpipes at the West Lorne Cenotaph Nov. 11. Left: Veterans and Legion members stand guard in West Lorne during the ceremony. Above right: Colin Parker of Rodney, with HMCS Prevost Naval Reserves in London performs Last Post at the Remembrance Day ceremony in Rodney Nov. 11. At the ceremonies, local veterans lost recently were also remembered.

Remembering

KAREN GONCALVES NOV 15/07





Lorne West Optimist Club supports minor hockey league

Optimist Pres. Ken Neil presenting a cheque to Liz Clarke of the West Lorne Minor Hockey Assoc. The money will be used towards Associations new subsidiary pro-

KAREN GONCALVES

Optmist club induction

The new executive of the Optimist Club of West Lorne was recently inducted. Front row: Ken Neil, past president, Kathy Johnston, secretary, Dorothy Staddon, president, Nancy Murray, vice president. Back row: Jim Howie, zone 4 governor, Ted Johnston, director, Ken Murray, director, John Eagleson, director, Karen Goncalves, director and Bill Trask, treas-

OCT 18/07

SUBMITTED



KAREN GONCALVES/THE CHRONICLE

Jamieson lifetime member

Jean Jamieson was presented with a lifetime membership from Membership Chair Joe Santos, Sgt. at Arms Charlie Chronkite and President Perry Penny from West Elgin Legion Branch 221

Jean served as secretary for the branch for 17 years which saw 10 different Presidents during that time.



Apple Day Some of the First West Lorne family Scouting members who sold apples on Apple Day in West Lorne Oct. 19. Here is Emily McDonald, Buchanan, Christopher Miller, Brenda Akela Miller. Julia Morgan and Nicki

JEFF KEMPENAAR



JEFF KEMPENAAR/THE CHRONICLE

Performing Elvis' Let Me Be Your Teddy Bear is members of the Taking Off Pounds Sensibly chapter ON 5237 Ilderton Saturday during a TOPS rally at the West Elgin Legion before about 120 people.

JEFF KEMPENAAR/THE CHRONICLE Lawnbowling tourney Jean Gray and Verna Gibson of the Ridgetown Lawnbowling Club compete against Edna Braithwaite and Lorna Huggett from Sarnia at the annual Merchants and Manufacturers Tournament held at the West Lorne Lawnbowling Club Sept. 5. Joe Wardell, Mary Eberle and Marjory McBride of the Ridgetown Club won the Lashbrook Trophy.

Making your own music

celebrate biggest losers

Challenge to Change rally was held at the West Elgin Legion Saturday.

About 120 people from as far away as Stratford together to recognize the 'biggest losers' or those who lost 10 to 100 lbs. from chap-ters of Taking Off **Pounds** Sensibly (TOPS) Keeping Off Pounds Sensibly (KOPS).

The support group, with chapters in West Lorne Wardsville, brings together dieters with weight loss goals and desire to improve their lives.

diet program, members share dieting tips, encouragement, inspiration and generally make each other feel comfortable with camaraderie.

Terry Williams, area coordinator, is 94-years-old and was recognized for keeping 25 pounds off for the last 40-plus years.

Making your own Music was the theme for the day with chapters performing Elvis songs and various skits in the 50s

decked out Legion. One of the biggest losers present was Tammy Paul from Stratford who has shed 146 pounds in the last two years.

"It took five years to put it on," said the mother of three who was ordered by her doctor lose weight.

She's now 199 lbs. with a goal to lose another 40 lbs.

She's been connecting with TOPS While it's not a since she was nineyears-old when she was 109 lbs.

"I was a big girl," she said, adding she started going to TOPS meetings with her mother.

"I've tried different diets but in the end it's watching what you eat and having the support behind you," she said.

Her TOPS friends are there for her for when she slides or gains; she can make late night calls for support.

If I didn't lose the weight I would-

West Lorne chapter as one of the biggest losers is Wayne Ross of Dutton who has lost more than 40 lbs.

He's been a member of TOPS since November 2006 after he was ordered by his doctor to lose 75 lbs.

He needed knee surgery after a career as a custodian at a London hospital.

The doctor wouldn't perform the surgery until he lost the weight and his knees could support him.

"I never looked at what I was eating," n't be standing he said, adding it Menard at would be nothing to or Gina Recognized by the eat three quarters of a 695-3327.

pie in three days, topping out at 289 lbs.

By next June he hopes to shed the remaining 35 lbs. and have his knee surgically repaired.

"I feel good," he said, adding TOPS was the only dieting support group option in this area. Three teens were

recognized for losing weight and deciding to change their eating habits early.

non-profit The organization has two chapters locally.

For information, contact Alice Menard at 762-3723 or Gina Hewitt at



Kiwanis support Heritage House

SUBMITTED

West Lorne Heritage Homes continues to receive support from the community. Here Fundraising Committee Chair, Brian Simpson (right) receives \$1,000 from Angus McLain, on behalf of the Kiwanis Club of West Lorne. OCT 18/07



Paws for Autism boosted by Aldborough Public School

Young autistic student Jacob Dunn and his service dog Kolby accept \$400 from Aldborough Principal Christine Blagden

The money was raised by students participating in the Paws for Austism event. Money helps National Service Dogs place more dogs with children who have autism.

NOV 29/01